

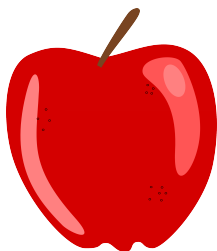
# Toddler Snack Ideas

## Fruit:

- Bananas
- Apples
- Strawberries
- Blueberries
- Raspberries
- Blackberries
- Peaches (sliced thin)
- Fruit strips
- Applesauce
- Grapes (cut length-wise)
- Dried fruit
- Homemade fruit roll-ups
- Avocados
- Mandarin oranges
- Kiwi
- Melon
- Smoothies

## Vegetables:

- Cucumbers
- Crinkle-cut carrots
- Cherry tomatoes
- Edamame
- Mini peppers
- Spinach leaves
- Peas
- Sweet Potatoes (baked & sliced)



## Dairy/Protein:

- Cheese
- Yogurt
- Boiled eggs
- Rolled-up deli meat
- Grilled chicken
- Frozen yogurt dots
- Peanut butter/almond butter
- Cream cheese



## Grains & Other Snacks:

- Graham crackers
- Healthy muffins
- Rice cakes
- Goldfish cracker or cheddar bunnies
- Kix cereal
- Toddler snack cookies
- Veggie straws
- Cheerios
- Homemade fruit snacks
- Whole grain crackers
- Homemade teddy grahams
- Popcorn
- Granola
- Homemade cheez-its
- Quesadillas
- Pretzel sticks